



AT THE HOP

CHOREGRAPHE : **Carmel Hutchinson**

MUSIQUE : **At the hop (Danny and the Juniors) – Intro 56 comptes
Whole lotta shakin (Jerry Lee Lewis)**

TYPE DE DANSE: **Ligne, 48 temps, 4 murs**

NIVEAU : **Débutant Intermédiaire**

1-8 – ¼ LEFT – BEHIND – ¼ RIGHT – HOLD – ¼ RIGHT – BEHIND – ¼ LEFT - HOLD

1 - 2 Step right forward into ¼ turn left – Cross left behind right
3 - 4 Step right ¼ turn right - pause
5 - 6 Step left forward into ¼ turn right – Cross right behind left
7 - 8 Step left ¼ turn left - pause

9-16 – STEP ½ PIVOT LEFT – STEP – HOLD – RUN FORWARD - HOLD

1 - 2 Step forward right – Pivot ½ turn left
3 - 4 Step forward right - pause
5 - 8 Run forward stepping – G D G - pause

17-24 – ¼ LEFT – BEHIND – ¼ RIGHT – HOLD – ¼ RIGHT – BEHIND – ¼ LEFT - HOLD

1 - 2 Step right forward into ¼ turn left – Cross left behind right
3 - 4 Step right ¼ turn right - pause
5 - 6 Step left forward into ¼ turn right – Cross right behind left
7 - 8 Step left ¼ turn left - pause

Note : allow your body to turn but remember you are travelling forward. Keep looking forward during this section, it will help

25-32 – STEP ½ PIVOT LEFT – STEP – HOLD – RUN FORWARD - HOLD

1 - 2 Step forward right – Pivot ½ turn left
3 - 4 Step forward right - pause
5 - 8 Run forward stepping – G D G - pause

33-40 – FORWARD – HOLD – ½ TURN RIGHT – HOLD – ½ TURN RIGHT – ¼ TURN RIGHT

1 - 2 Step forward right - pause
3 - 4 Step left forward into ½ turn right - pause
5 - 6 Step right back into ½ turn right - pause
7 - 8 Step left forward into ¼ turn right - pause

40-48 – TOE STRUTS FORWARD x 4

1 - 2 Pointe droite devant – poser le talon
3 - 4 Pointe gauche devant – poser le talon
5 - 8 Répéter de 1 à 4

RECOMMENCER AU DEBUT AVEC LE SOURIRE